

Summer Intensive, Art Therapy

Metàfora's Initial Diploma in Art Therapy • 16th to 26th of July 2012



For more than ten years, Metàfora has successfully run summer courses in Art Therapy and Studio Arts. As a “micro cosmos” of the rest of our courses, these programs offer a unique opportunity for our international students to come and share an exceptional art-experience.

The Summers 2012

Summer Intensive

Art Therapy

Throughout the rest of the year, Metàfora runs a full-time Studio Arts programme and several Art Therapy courses (among them a MA training program for the University of Barcelona). However, of all of our activities the *Summers* is perhaps the most intense and full experience we can offer our students. Condensed and ephemeral, in the midst of sunny summer-Barcelona, Metàfora transforms into an “art-oasis” where students and professionals from all over the world share an experience to fill a life-time.

The Summers 2012 consist of a broad fan of different activities: Our traditional Spanish-speaking “Escuela de Verano”, this year complimented by an encounter for professionals from the field of Art Therapy, “the Summer Intensive, Art Therapy Option” and our Studio Arts programme “No Man’s Land”. The first two are taught in Spanish and the latter are taught in English.



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Summer Intensive 2012

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... Art Therapy is a helping profession which uses fine arts as a tool in the expression and resolution of emotions and psychological and emotional conflicts. Art Therapy is practised in individual sessions or in small groups conducted by an Art Therapist. To work as an Art Therapist you have to have satisfactorily completed a University Masters' degree in Art Therapy recognised by the Ate (the Spanish Professional Association of Art Therapists).

Metàfora is a centre of international reference in the area of Art Therapy training. It is the home of Spain's first Master in Art Therapy, collaborating on the 11th year with the University of Barcelona. Students on the Summer Intensive, will obtain Metàfora's Initial Diploma in Art Therapy, recognized worldwide as a foundation course in this area. The Summers at Metàfora are famous for its international public, attracting students and professionals from all creative fields.

Art Therapy

Art Therapy or Art Psychotherapy is a profession complementary to medicine with over seventy years of history. Art Therapy is practiced according to a strict methodology and under a defined therapeutic framework or setting. This framework and methodology are based mainly on the theories of Art Therapy, Analytical Group Psychotherapy, Psychodynamic Therapies and Contemporary Art Theory.

To practice within the profession you need to have undertaken three years of postgraduate University training in Art Therapy or Art Psychotherapy.

Art, understood as a therapy in itself (the healing arts), is distinct from Art Therapy as it considers artistic activity to possess therapeutic qualities per se and therefore does not consider specific training to be necessary. Art Therapy can be used with any group of whatever age as long as there is a willingness on the part the individual to begin a form of psychotherapy in which they will be encouraged to produce art work . Art Therapy is carried out in group and individual sessions with a wide variety of patients and with a range of therapeutic aims. The form and level of intervention of Art Therapy depends on the needs of the patient.

Choosing the adequate course: Art Therapy and Studio Arts

In all courses at Metàfora, we place emphasis on working with the creative potential of each student and the emotive process we all go through when making art. Nevertheless it is important that our students understand the difference between our two areas of activity.

In our Studio Arts courses, we believe in artistic intention and all students are invited to explore personal issues throughout the art-making process. All of our programmes contain a fair amount of classes where different techniques are taught, but we do not believe in art education where formal aspects and techniques come before “knowing what the work is about”.

We require a strong personal commitment from our students and our goal is to potentiate the personal motivation of each individual. The main task of our tutors will always be to help the student explore the personal process which goes beyond all art. Students on our Studio Arts programmes are therefore always found working freely with profound and personal issues. Art is public by nature, yet a complex echo of the inner self.

In our Art Therapy courses students are exposed to both theoretical modules and practical experience. On one side we present the students with basic knowledge of Art Psychotherapy and provide a broad introduction to how this discipline is applied in different situations and with a range of different collectives.

On the other side students participate in workshops where the focus is on the art making process itself and its potential. The work is mostly produced in an intimate environment, where the public aspect of art is removed. The groups and workshops in our Art Therapy courses should by no means be understood as therapy, but the art work produced is loaded with meaning and participants in our groups and classes often discover important things about themselves throughout this process. Therefore, the most important works are likely not to be shown and discussed publicly.

Programme · Summer Intensive, Art Therapy

The “Summer Intensive 2012” is designed as a series of lectures and workshops and the programme consists essentially of four different activities: Seminars, workshops, Experiential art Therapy groups and Large Group. The programme presented in this document is subject to change. The definitive programme will be available from April 2012.

The days start with daily seminars covering the basic theoretical foundations of Art Psychotherapy as well as a range of real-life cases with clients from different collectives. After this initial common space, the participants divide into groups according to choice of workshop (most of which last two days). Participants can combine classes according to likes, and the idea is to offer different simultaneous experiences for the student group. Some workshops are introduction classes to Art Psychotherapy and cover the different fields of application within the discipline. Other are workshops designed for an exploration of personal topics within the creative process. All workshops are run by experienced art therapists or artists with broad teaching experience.

Through themes and work-titles, the participant is presented with specific ways of working commonly used in Art Therapy. The art works produced are reflections of emotive echoes, and all workshops will conclude with debate and discussion of individual artistic intention. None of the classes on the Summer Intensive require any previous training in art, but rely on a student-body with mature and open minds. Metàfora celebrates diversity in all its student-groups, both in terms of culture and nationality as well as in experience and age.

After Lunch, students divide into experiential Art Therapy groups with 8-10 participants in each. On the last day all participants of the Art Therapy Option meet in a Large Group.

	Monday 16-07-2012	Tuesday 17-07-2012	Wednesday 18-07-2012	Thursday 19-07-2012	Friday 20-07-2012
9'00-9'15	Introduction	Introduction	Introduction	Introduction	Introduction
9'15-10'30	SI12_INTRO_AT_01.01 Foundations of Art Therapy, Basic Concepts: Why art in therapy? History & context.	SI12_INTRO_AT_01.02 Foundations of Art Therapy, Basic Concepts: Setting and boundaries.	SI12_CAS_01.01 Case Presentations, Art therapy with Parkinson	SI12_CAS_01.02 Case Presentations, Culturally-Sensitive Art Therapy Groups in Acute In-Patient Psychiatric Care	SI12_INTRO_AT_01.03 Foundations of Art Therapy, Basic Concepts: Social Projects
11'00-14'00	SI12_PUP_01.01 Puppet & Object Medium and mediator	SI12_PUP_01.02 Puppet & Object Medium and mediator	SI12_SYM_03 Symbols of the Unconscious. Artwork with dreams.	SI12_MOV_05.01.01 Movement, time and new media	SI12_MOV_05.01.02 Movement, time and new media
	SI12_ART_02.02 Art and Expression; A journey towards awareness	SI12_ART_02.02 Art and Expression; A journey towards awareness	SI12_GRP_04 People and Groups. Introduction to Group Psychotherapy	SI12_PSYC_06.01.01 Art Therapy and Psychosocial Interventions	SI12_PSYC_06.01.02 Art Therapy and Psychosocial Interventions
15'30-17'00	SI12_GAT_11.01-4 Experiential Group in Art Therapy				International pot-luck

	Monday 23-07-2012	Tuesday 24-07-2012	Wednesday 25-07-2012	Thursday 26-07-2012	Friday 27-07-2012
9'00-9'15	Introduction	Introduction	Introduction	Introduction	
9'15-10'30	SI12_CAS_01.03 Case Presentations	SI12_CAS_01.04 Case Presentations, The profession of Art Therapy inside the context of an art museum	SI12_CAS_01.05 Case Presentations, A Brush with Freedom: Aesthetically pleasing work in Art Psychotherapy	SI12_INTRO_PSAT_01.04 Foundations of Art Therapy, Basic Concepts: Training and professional issues	
11'00-14'00	SI12_FOUND_07.01 Found Objects: The poetics of the objects around us	SI12_CHILD_09.01 Mucking around. The role of creativity in early childhood	SI12_BLIM_11.01.01 The Aesthetic in Art Psychotherapy	SI12_BLIM_11.01.02 The Aesthetic in Art Psychotherapy	
	SI12_TRANS_08.01 Transformed Objects; Intervention and change	SI12_VISUAL_10.01 From art to Art Therapy. The therapeutic use of visual responses	SI12_ADOPT_12.01.01 What do I put in my suitcase? Art Therapy and Adoption	SI12_ADOPT_12.01.02 What do I put in my suitcase? Art Therapy and Adoption	
15'30-17'00	SI12_GAT_11.05-8 Experiential Group in Art Therapy			SI12_GGR_12.01 Large Group	



Lectures and Workshop Descriptions:

SI12_INTRO_PSAT_01.01-4

Foundations of Art Therapy, Basic Concepts

“Why Art and Art Therapy?”, “Setting and boundaries”, “Social Projects”, “Training and professional issues”

Art Therapy started simultaneously as an independent profession in the USA and UK in the nineteen forties. From those days till now the profession has rapidly developed in the whole world. This subject will be taught in 4 sessions that introduce our students to the theoretical foundations of art therapy as it is practiced nowadays.

SI12_CAS_01.01-5

Case Presentations

Five art therapists are invited to present their clinical work to our students. The Case Presentations are a unique chance to see first hand how art therapy is applied with different groups of people, from children to the elderly from mental health to schools, hospices, hospitals, prisons, etc.

Workshops, Monday 16th and Tuesday 17th of July:

SI12_IDENT_01.01-02

Puppet & Object Medium and mediator

This hands-on workshop is a brief introduction to how puppets and objects can be used in pedagogic and therapeutic environments for all ages, from young children to adults. Working with a variety of figures and everyday objects, participants will discover how they might be used for symbolic communication, disarming ego-defences and freeing the self.

SI12_AWAK_02.01-02

Awakening the senses, opening the mind

This workshop focuses on the exploration and awakening of the five senses (sight, hearing, smell, taste and touch) by using art materials with which we usually work in Art Therapy and / or artistic work. We will see examples of contemporary artists and do our own work.

The materials have the potential to reveal a world of sensory possibilities that we are not usually aware of. The redis-



covery of the awakening of the senses gives us enjoyment and the ability to play as children, allowing us to release the concepts and connect with the “sixth sense” of realization and awareness.

Workshops, Wednesday 18th of July:

SI12_SYM_03

Symbols of the Unconscious. Artwork with dreams.

When we work with our dreams and give them expression in art, we are able to better connect with the dynamics and symbols of our unconscious and get in touch with the flow of life energy in ourselves. This is a creative process which might be very valuable on the way of our personal development. The workshop will offer a short introduction to Analytical Psychology with a focus on the creative work with dreams. The practical part will include elements of meditation, active imagination, drawing, role-play, reflection, and sharing. There will be space for questions and discussion at the end.

SI12_GRP_04

People and Groups. Introduction to Group Psychotherapy

This workshop will combine short lectures with some dialogue, activity and self-reflection, all in a context intended to introduce the participant to the pleasure and pain of working in groups. The workshop introduces the participant to group analysis, a form of therapy that has been and remains at the forefront of developments in the field of psychotherapy. The study and practice of group analysis, with much to say about health and illness, relationships and communication, the social unconscious, freedom, mind and the nature of the person, offer a stimulating and engaging challenge.

Workshops, Thursday 19th and Friday 20th of July:

SI12_MOV_05.01.01

Movement, time and new media

This workshop will explore new forms, tools and time in artistic expression. Based on performance, installation and



new electronic media, it is intended to explore new ways of creating in a dynamic and spontaneous way.

SI12_PSYC_06.01.01

Art Therapy and Psychosocial Interventions

Art therapy could be applied to different settings and situations, among those are many which involve social reality as the main subject. This lecture will let us imagine and consider in which psychosocial realities, art therapy could be applied and what are the risks implicit in this work.

Workshops, Monday 23rd of July:

SI12_FOUND_07.01

Found Objects: The poetics of the objects around us

Most of the objects around us have a utility however, objects that are explored in this workshop have no other utility than aesthetic pleasure or function other than symbolic.

SI12_TRANS_08.01

Transformed Objects; Intervention and change

Consider how something repeated multiple times can start to provoke or create an emotion or idea in someone. Using minimum 100 identical objects, the task at hand is to create a simple transformation through placement and/or arrangement and context.

Workshops, Tuesday 24th of July

SI12_CHILD_09.01

Mucking around. The role of creativity in early childhood

The significance of creativity is often attached only to older children. In this workshop we learn how small children, 4 years and under, develop and express their creative potential while exploring their surroundings and artistic materials and how children convey their emotions and thoughts through play. The aim of the workshop is to gain a better understanding of children's needs and to acquire more tools to interact with and support them.



SI12_VISUAL_10.01

From art to Art Therapy. The therapeutic use of visual responses

In what ways can an art therapist combine and utilize art objects and exhibits in art museums in their therapeutic practice? This workshop explores the connection between art therapy and works of art, using museum collections as a communication tool and personal exploration. We will look at selected art to encourage the visual experience, emphasizing the communicative and evocative power of emotions and the value they offer which is much more than being a display of objects in a space.

Workshops, Wednesday 25th and Thursday 26th of July

SI12_BLIM_11.01.01

The Aesthetic in Art Psychotherapy

An examination of the aesthetic in art psychotherapy; how as therapists we are sometimes confronted with art by the client which seduces us. What do we do? How do we react? What do we have to think of, and how?

SI12_ADOPT_12.01.01

What do I put in my suitcase? Art Therapy and Adoption

Often in the adoption, we must live with missing information or all of the personal history, with the consequences of early experiences and feelings of abandonment and helplessness. D.Winnicott found that drawings are bridges that may attempt to “repair” a traumatic reality, art therapy is an avenue through which to hold, support and overcome confusing and painful emotional states in order to promote normal growth. Through a proposal with found objects, we will see how they take on new meaning and became part of our own -baggage- and how they can be used in the clinical situation.

Monday 16th through Wednesday 25th of July

SI12_GAT_11.01-7

Experiential Group in Art Therapy

The Experiential Art Therapy Group is the core of all art therapy training, both at an introductory and at an advanced



university level. In the group the students meet regularly with an art therapist as a facilitator or conductor. The group sessions have a set time during which the participants make some art work and talk about it. With the help of the conductor, the participants realize how the art making talks –with no words- about them and their group experience and also learn how art therapy can be used in therapeutic or educational settings.

SI12_GGR_12.01-02

Large Group

Art Psychotherapy contains a large component of group psychotherapy, and the Large Group is a key element in all professional training programmes for Art Therapists. The Large Group is the place where everyone meet to talk about the group itself and examine its complicated dynamics. Participating in such a group is an experience for a lifetime.

Metàfora's Initial Diploma in Art Therapy

Students, who undertake the Art Therapy Option of the summer Intensive will obtain Metàfora's Initial Diploma in Art Therapy, a Foundation Course which is recognized worldwide and is "a must" for those students who wish to pursue professional University Training in Art Therapy.

The Diploma is a detailed transcript with description and number of hours of each class.

Metàfora maintains relations with many universities worldwide, where Art therapy is offered as a discipline, and we can guide and help our students with advice of which training program to opt for in the future.

Academic Staff

All the academic staff at Metàfora are professionals with accreditation and experience.

Among the academic staff on the Art Therapy Option are teachers, who also form part of the academic team of the MA in Art therapy at the University of Barcelona and of the University Pompeu Fabra

Carles Ramos

Director of Metàfora, Art Therapy Department

Coordinator of the MA in Art Therapy University of Barcelona (1999-2010)

Director of the MA in Art Therapy University Pompeu Fabra, Barcelona (Oct 2012)

MA. Fine Arts, University of Barcelona



MA Art Psychotherapy, Goldsmith's College, London University.
Practicing artist and Art Therapist.

Sibylle Cseri

Supervisor and group conductor of the MA in Art Therapy of the University Pompeu Fabra, Barcelona.
Lecturer Introduction Studies Metàfora, Lecturer Postgraduate Programme in Art therapy, Metàfora
In-house-tutor on the International Workshop, Metàfora.
BFA Kendall College of Art and Design, Michigan, and University of New Mexico, US.
MA in Art Psychotherapy, University of Barcelona.
Practicing artist and Art Therapist.

Sally Schofield

BA Fine Arts, University of Newcastle.
MA Art Therapy, University of Barcelona
President of Spanish Professional Association of Art Therapists (ATE) and member of British Association for Art Therapists (BAAT).
Lecturer Introduction Studies Metàfora, Lecturer Postgraduate Programme in Art therapy, Metàfora
and of the MA in Art Therapy of the University Pompeu Fabra, Barcelona.

Gabriela Portas

MA Art Therapy, University of Barcelona
Board Certification at the Art Therapy Credential Boards (ATR-BC), US
Licensed Art Therapist (LCAT), New York State

Rene Baker

BA (Honours) First Class, Theatre Studies, Manchester University
Specialist in puppet and object theatre

Magdalena Duran

BA Fine Arts, University of Barcelona
MA Art Therapy, University of Barcelona
Practicing Gestalt therapist



Kamen Petrov

Practicing Jungian Psychotherapist, Psychologist

MA Psychology, Alpen-Adria University, Austria

Postgraduate diploma, Training Program for Jungian Psychotherapists, Sofia, in collaboration with the International Association for Analytical Psychology (IAAP).

Additional Studies, Université Aix-Marseilles, France and the International School of Analytical Psychology (ISAP), Zurich

Peter Zelaskowski

Psychotherapist, group analyst: Group analysis and Lecturer Introduction Studies Metàfora,

Lecturer Postgraduate Programme in Art therapy, Metàfora

and of the MA in Art Therapy of the University Pompeu Fabra, Barcelona.

Lecturer and supervisor on the MA in Dance-Movement Therapy of the Autonomous University of Barcelona

London Univ., Goldsmith's College y Barts Hospital; Member of NEST y EATGA (European

Association of Transcultural Group Analysis).

Maria Camila Sanjines

MA Art Therapy, University of Barcelona

BA Fine Arts, Universidad de los Andes, Bogotá, Colombia

Specialization in Inspirational Photojournalism, Buenos Aires, Argentina

Blanca Haddad

MSc Social Development and Health

MA Art Therapy, University of Barcelona

BA Fine Arts, University of Caracas

Ana Alvarez-Erricalde

Practicing artist

Cinematography, University of Argentina (C.E.R.C), Buenos Aires

Kirsten Campbell

Practicing artist



In-house-tutor on the International Workshop, Metàfora.
 Master in Fine Arts, Sculpture, Pratt Institute, US
 Bachelor of Fine Arts in Painting/Sculpture, Maryland Institute College of Art, US

Petra Kowalski

Art Therapist, MA Art Therapy, University of Barcelona,
 BA Philosophy and Arts, Boston College, Museum Fine Arts Boston, US
 Lecturer Introduction Studies Metàfora, Lecturer Postgraduate Programme in Art therapy, Metàfora and of the MA in
 Art Therapy of the University Pompeu Fabra, Barcelona.

Karen Lund

BA Fine Arts in Design, University of the State of New York, US
 BA Fine Arts, Universidad de País Vasco (UPV/EHU)
 MA Art Therapy, University of Barcelona

Helen Jury

Senior Lecturer, Course Pathway Leader, University of Wales
 MA Psychotherapy and MA APT, Goldsmith's College, London University

Anais Vidal Granell

BA Fine Arts, University of Barcelona
 MA Art Therapy, University of Barcelona

Level and entry requires

The Summer Intensive is an introductory course.

The Metàfora Summer Intensive is designed for students and professionals from all creative fields, and the general profile of our participants is that of a student or professional coming from Psychology, Fine Arts, Special Education: We also have many participants from other helping professions or creative backgrounds.

Minimum age for participating is 19, and we encourage mature students to apply.



For participating in the Summer Intensive 2012, it is not necessary to have a university degree or to fulfil any of the requirements of Metàfora's Postgraduate Programme in Art Therapy.

Inscription and fees

To inscribe, please fill in the form attached.

Tuition: 765,05€

Material fees: 39,44€

Reservation fee: 298,20€ (deduced from the fees, when due)

For payment conditions, please see below.

Registration and Payment Conditions

Pre-registration / reservation fee

It is essential that each student reserves a place on the course by paying the pre-registration indicated in the information of each course. The final section of this document specifies the details of payment terms.

Metàfora does not guarantee a place without a reservation, and the pre-registration fee is not returned in any case.

For courses without entry requirements, participants can make reservations at the same time of registration.

The places in these courses are filled as reservation-fees are received.

For courses with entry requirements and selection process, a letter of admission is required in order for the student to reserve a place on the course. Upon admission, the participant will receive an invoice which specifies the amount payable and payment deadline.

If this deadline is not met (and if Metàfora is not notified about the delay in writing), the student may lose the place and / or pass on to a waiting list.

If the student wishes to defer his/her registration (see details below) the pre-registration fee remains valid for a maximum of 12 months, counting from the beginning of the course which the student originally enrolled.

Tuition fees

Students must pay the remaining total enrollment 7 days prior to the start of the course (15 days in the case of courses with entry requirements and selection process).

For bank transfers, it is essential to send a payment receipt to Metàfora.

If the student fails to pay within the due date, he/she can risk losing the place on the course and / or pass on to a waiting list.

Once started on the course, there is no possibility of refund of the tuition fees (or part of them) if the student wishes to cancel his/her stay at Metàfora.



Postponing the start of the course

If the student is unable to attend the course to which he/she has enrolled, the amount paid as pre-registration remains valid for a maximum of 12 months. During this period the student can sign up for new editions of the same course subject to availability. To cancel attendance and defer course start, the student must notify Metàfora in writing at least 6 weeks before the start of the course for which he/she originally signed up (12 weeks in the case of courses with entry requirements and process selection).

Changing course

If the student wishes to change the course for which he/she has enrolled, the amount paid as pre-registration remains valid for a maximum of 12 months. During this period the student may choose to attend other courses subject to space availability. In the event that the price of the course chosen does not coincide, the student must pay the difference.

To express his/her wish to change course, the student must notify Metàfora in writing at least 6 weeks before the start of the course for which originally signed up (12 weeks in the case of courses with entry requirements and process selection).

Metàfora will not return the pre-registration fee (or part of it) in any case.

If the chosen course has a lower value than the pre-paid tuition the remaining amount is kept by Metàfora for another activity for a maximum of 12 additional months.

Payment Methods

All payments can be made by bank transfer, credit card (by phone or in person) or cash during Metàfora's office hours. For each of these payment methods, terms and pricing vary. For specific information, please consult details for each course.

For bank transfers, payment must be made to "La Caixa"

Office: C / Joan Guell 34-36, 08028 Barcelona, Spain. The account is in the name of " Metàfora, Centre d'Estudis d'Art i Arterrapia"

Entidad	Oficina	D.C.	Cuenta	SWIFT:	CAIXESBBXXX
2100	0704	14	0200099520	IBAN:	ES18 2100 0704 1402 0009 9520

All charges relating to international transfers are charged to the sender. Any fee erroneously charged is the responsibility of the sender and may be paid upon arrival of the student.

In making the transfer payment, it is essential to indicate the applicant's name clearly on the transfer. Metàfora is not responsible for reserving a place for applicants whose name was not correctly marked on the transfers. If in doubt, please send proof of transfer via email.

In all cases there is an additional charge of 20 € for each week of late payment.



Barcelona; Accommodation and Practical Information

Capital of Catalonia, Barcelona is small city with metropolitan presence.

Students and professionals from all over the world are attracted to its mix of tradition and contemporary culture, and the city is growing fast to accommodate the changes which modern life requires.

The sea and mountains makes it a breathing space for people with different concerns and agendas, an oasis of sun and tourism, and at the same time a place for alternative happenings, underground movements and intellectual events.

Barcelona is the home of a number of important art institutions, and Metàfora adds its grain of salt to a general impression of a European meeting-point for international art-students and artists. It is our intention to give our students an experience, where the city itself and the contacts made between students and collaborators of Metàfora will become a lifelong reference.

Barcelona is a small city and transport time to the school will be 10-45 minutes by metro or bus, depending on how far you live. Check out the map at www.bcn.es to know where the school is.

Below are a few options for finding a place to live during your stay in Barcelona. Should you want additional information, please ask for our “accommodation list” or find it on the “Living and Practical” section of Metàfora’s web-site. We recommend the web site www.loquo.com, a good place to find rooms in shared flats, job offers, studios to rent. Many ads are in English. Watch out for frauds and over-pricing.

Student agencies:

I.S.A. (Internal Student Agency), C Calvet, 15 6º 2ª Barcelona, Tel. 93 200 89 25 Office hours from 18’00 to 20’00. The agency charges an indicial fee for its services.

P.A.E (student agency), Roger de Llúria, 57, 08009 Barcelona, Tel. 93 487 90 24 Office hours from 9’00 to 13’00.

Hostels near the school:

Alberguinn Youth Hostel, c/ Melcior de Palau, 70-74 entlo, Teléfono: +34 934905965 /www.alberguinn.com, 14-24€ (shared dorms) – very close to Metàfora

Pension Sants, C/Antoni de Campmany 82, Tel: (+34) 933313700, 27€ (single), 34€ (double) - very close to Metàfora